

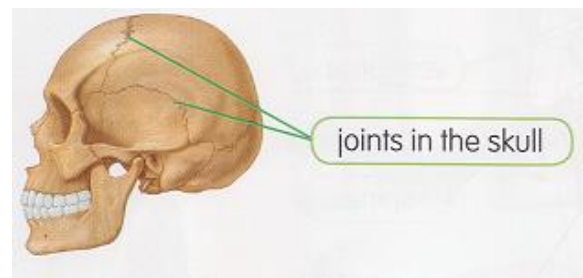
## 3rd GRADE MINIMUM CONTENTS

### UDI 1: OUR BODY – JOINTS (2)

#### ► JOINTS

The bones in our skeleton are connected by **joints**. Some joints let us move our bones a lot. These are **flexible joints**. The joints in our arms and legs are flexible joints. Some joints let us move our bones a little. They are **semi-flexible joints**. The vertebrae in the spine are connected by semi-flexible joints. Some bones are connected so closely that they cannot move. They are **fixed joints**.

- The knee is a flexible joint.
- The vertebrae are connected by semi-flexible joints.
- The joints in our skull are fixed joints.



## UDI 1: OUR BODY – JOINTS (2)

### ACTIVITIES

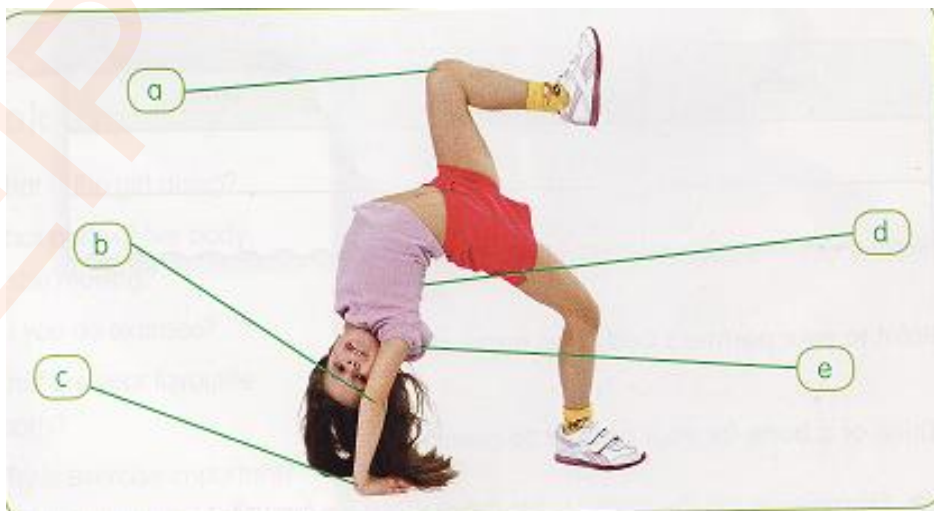
#### 1. Classify the joints. Write flexible, semi-flexible or fixed.

Wrist .....	ankle .....
Hip .....	skull .....
Vertebrae .....	shoulder .....
Knee .....	elbow .....

#### 2. -Which joints do you use to move your body? Complete the sentences.

- I use my ..... to move my foot.
- I use my ..... to write.
- I use my ..... to bend over.
- I use my ..... to bend my arm.
- I use my ..... to bend my leg.
- I use my ..... to raise my arm.

#### 3. -Write these joints. Are they flexible or semi-flexible?



4.- Complete your bilingual dictionary.

JOINTS		
- Joint : _____ - Flexible joint : _____ - Semi-flexible joint : _____ - Hip : _____	- Fixed joint : _____ - Hip : _____ - Ankle : _____ - Shoulder : _____	- Wrist : _____ - Elbow: _____ - Knee : _____ - Bend : _____ - Raise: _____