Bilingual faculty meeting, 13 January 2014

Ted Talk by Logan LaPlante (Clave)

“If you ask a little kid, sometimes you’ll get the **best answer**—something so simple, yet so profound: ‘When I grow up, I wanna be happy.’”

“Go to school, go to college, get a job, get married, BOOM. Then you’ll be happy, right? We don’t seem to make learning how to be happy and healthy **a priority** in our schools. It’s separate from schools, and for some kids it doesn’t exist at all. But what if we didn’t make it separate? What if we based education on the **study and practice** of being happy and healthy? Because that’s what it is: a practice. And a simple practice, at that.”

“I’ve been studying the science of being happy and healthy. It really comes down to practicing these eight things: exercise; diet and nutrition; time in nature; **contribution** and service; relationships; recreation; relaxation and stress management; religious and spiritual.”

“Hackers are people who challenge and change the systems to make them work differently. To make them **work better**.”

“I take advantage of opportunities to experience what I’m learning, and I’m not afraid to look for shortcuts, or ‘hacks,’ to get a better, faster result. It’s like a remix, or a mash-up, of learning. It’s **flexible**, opportunistic, and it never loses sight of making happy, healthy creativity a priority.”

“I realized that once you’re **motivated to learn** something, you can get a lot done in a short amount of time, and on your own. Starbucks is pretty great for that.”

“Hanging out at the Moment Factory, where they hand-make skis and design clothes, has really inspired me to one day own **my own business**. The guys at the factory have shown me why I need to be good at math, be creative, and be good at sewing.”

“The people who work there are happy, **healthy, creative**, and stoked to be doing what they’re doing. This is by far my favorite class.”

“I’m starting to think that I might know what I want to **do** when I grow up, but if you ask me what I want to *be* when I grow up, I’ll always know that I want to be happy.”

Bilingual faculty meeting, 13 January 2014

Ted Talk by Logan LaPlante (Listen and fill in the blanks)

“If you ask a little kid, sometimes you’ll get the (1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_—something so simple, yet so profound: ‘When I grow up, I wanna be happy.’”

“Go to school, go to college, get a job, get married, BOOM. Then you’ll be happy, right? We don’t seem to make learning how to be happy and healthy (2) \_\_\_\_\_\_\_\_\_\_\_\_\_ our schools. It’s separate from schools, and for some kids it doesn’t exist at all. But what if we didn’t make it separate? What if we based education on the (3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of being happy and healthy? Because that’s what it is: a practice. And a simple practice, at that.”

“I’ve been studying the science of being happy and healthy. It really comes down to practicing these eight things: exercise; diet and nutrition; time in nature; (4)\_\_\_\_\_\_\_\_\_\_\_\_\_ and service; relationships; recreation; relaxation and stress management; religious and spiritual.”

“Hackers are people who challenge and change the systems to make them work differently. To make them (5) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.”

“I take advantage of opportunities to experience what I’m learning, and I’m not afraid to look for shortcuts, or ‘hacks,’ to get a better, faster result. It’s like a remix, or a mash-up, of learning. It’s (6)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, opportunistic, and it never loses sight of making happy, healthy creativity a priority.”

“I realized that once you’re (7) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ something, you can get a lot done in a short amount of time, and on your own. Starbucks is pretty great for that.”

“Hanging out at the Moment Factory, where they hand-make skis and design clothes, has really inspired me to one day own (8) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. The guys at the factory have shown me why I need to be good at math, be creative, and be good at sewing.”

“The people who work there are happy, (9) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, and stoked to be doing what they’re doing. This is by far my favorite class.”

“I’m starting to think that I might know what I want to (10) \_\_\_\_\_ when I grow up, but if you ask me what I want to *be* when I grow up, I’ll always know that I want to be happy.”

Slangy slang:

Stoked (to): excited, eager (to do something)

Hacks: Shortcuts

Wanna: want to