educación física
primaria
Inglés
Hello boys and girls! You have to read and memorize the following sentences. Later, you will have to draw some of the formations that we did in the acrosport classes.

Acrosport worksheet.

Acrosport is an ancient sport. It is believed that the Egyptians were the first people to practice this sport.

It is a team sport that we can do in pairs or small groups.

The object of the sport is to make formations with our bodies. We only need a few mats and some light music in the background.

When we do acrosport the smallest person is always on top. The strongest people are the base and support the weight of their teammates.

The way we hold hands is very important.
First formations: in pairs
Physical Education

Now formations: in threes
Now formations: in fours
And finally, formations in a big group