CROCODILES ALL AROUND

Organization: The class is divided into four groups. Each group has a big hoop. The players are in danger, because they are surrounded by hundreds of crocodiles!

Challenge: All of the players in each group must get in the hoop in 12 seconds or less. To make the game more difficult, give the groups a smaller hoop each time.
THE CRAZY STRETCHER

Organization: The class is divided into four groups. Each group has a small mat (yoga mat) that is a “stretcher”. Each group chooses two students to be the nurses and carry the stretchers. The other students lie down on the ground with their group.

Challenge: Each pair of nurses must carry their hurt players to another area that is the hospital.
MAN-EATING PLANTS

Organization: Make a path in the gym. Place objects along the path that represent man-eating plants. The class is divided into two groups. Each group chooses one student to be their guide.

Challenge: One by one the students walk the path with their eyes covered. The students must follow the instructions of the guide so they do not run into any plants.
WINDY GOLF

Organization: Place a hoop on the ground with lightweight balls all around it.
Challenge: Without touching the balls the players must get them in the hoop.
CARRY AWAY

Organization: The class is divided into four groups. Each group has two boxes. One box is empty and the other is full of balls.

Challenge: Move the balls from one box to the other without touching them with your hands or feet.
BALL MASSAGE

Organization: In pairs. One student lies down on the ground. The other student gives his/her partner a massage by making circles on his/her back with a ball. After a few minutes the pair changes roles.

Challenge: Help your partner relax.