Solucionario
UNIT 6

FOOTBALL
1. Basic soccer rules are pretty simple to follow, the team that scores the most goals wins!

2. Each team has 11 starting players.

3. The game is played on a soccer pitch, or field, which is normally just over 100 metres long, although sometimes youth games use shorter pitches.

4. Soccer teams are normally split into groups: the defense, goalkeeper and forwards.

5. Soccer games consist of two halves lasting 45 minutes each.

6. If it is a very important game, like a world cup final for example, and there is a tie after 90 minutes then extra time is added: 2 periods of 15 minutes each. If the teams are still tied at this stage, the game becomes a penalty shot competition.

7. In a penalty shoot out each team nominates 5 penalty kickers who will try and kick the ball past the goalkeeper from the penalty spot (11 metres) until one team wins.

8. During the game the referee has the power to warn players and issue yellow and red cards.

9. A red card can be issued directly for serious foul play or denying an opponent the opportunity to score a goal.

10. Each team has to have a minimum of 7 players on the field. If one team has more than 5 players sent off, the game is abandoned.

11. One of the most important basic rules of soccer is the offside rule which prevents attacking players from gaining an unfair advantage.

12. The referee has two assistants (previously known as linesman) on either side of the field to help judge the offside rule.
SHEET 2 Key:

1. goal ............
   - A)
2. field ............
   - B)
3. ball ............
   - C)
4. socks........
   - D)
5. football boots.......
   - E)
6. shirt........
   - F)
7. shorts........
   - G)
8. shin pads........
   - H)
**SHEET 3 Key:**

**Defender or Backs:** A player who works mainly in the defensive third of the field.

**Fullback:** a rear defender.

**Forward:** A player who is responsible for most of a team’s scoring.

**Striker:** Generally the same as a forward, though it sometimes refers to a forward that is his team’s primary scoring threat.

**Goalkeeper, Goalie or Keeper:** The player positioned directly in front of the goal who tries to prevent shots from crossing the goal line; the only player allowed to use their hands and arms.

**Midfielder:** A player generally positioned in the middle third of the field (Central Midfielder) between the forwards and defenders. They play both an attacking (Attacking Midfielder) role and a defensive role (Defensive Midfielder).
### SHEET 4 Key:

<table>
<thead>
<tr>
<th>Activity</th>
<th>Passing</th>
<th>Shooting</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Approaching the Ball</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A) straight on / B) 45 degree angle</td>
<td>B</td>
<td>A</td>
</tr>
<tr>
<td><strong>Which part of the foot should kick the ball?</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A) side of foot (between toe and heel) / B) instep</td>
<td>A</td>
<td>B</td>
</tr>
<tr>
<td><strong>Where to hit the ball</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A) at the equator / B) above the equator</td>
<td>B</td>
<td>A</td>
</tr>
<tr>
<td><strong>How to follow through</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A) aggressively through the ball / B) body weight over the ball</td>
<td>A</td>
<td>B</td>
</tr>
<tr>
<td><strong>Kicking distance</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>A) short to moderate distances / B) moderate to long distances</td>
<td>A</td>
<td>B</td>
</tr>
</tbody>
</table>
At the other end of the pitch, play 2x1 and 3x2. This is the ball 🍼, these are the players 🏟. Put players A and B into the best position for scoring (make a formation with the player with the ball).
SHEET 8 Key:

4-3-3
SHEET 9 Key:

4-4-2
SHEET 10 Key:

A) 3-4-3

B) 5-3-2

C) 4-1-3-1

D) 4-3-2-1