





The Andalusian Comprehensive Strategy for Healthy Living

General Directorate of Public Health and Pharmaceutical Management REGIONAL MINISTRY OF HEALTH AND FAMILIES OF ANDALUSIA (SPAIN)

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Context:

- According to the World Health Organization, noncommunicable diseases (NCDs) kill 41 million people each
 year, equivalent to 71% of all deaths globally.
- The United Nations 2030 Agenda (SDGs) recognizes NCDs as a major challenge for sustainable development.

Rationale:

- Many of the risk factors of these conditions are avoidable.
- Health promotion and disease prevention strategies can prevent and reverse these conditions.
- Promoting healthy lifestyles leads to health benefits (at a much lower cost than medical treatment for any of the associated risk factors and diseases).
- Innovative health promotion strategies, focused on holistic and integrated approaches, can contribute to create
 a healthier, sustainable and fairer world.



The Andalusian Comprehensive Strategy for Healthy Living

is the Regional Government's answer

Defining works are concluding now and kick-off is planned for 2022



In November 2019, the Andalusian Government approved the formulation of the Strategy



The Andalusian Strategy for Healthy Living is:

- A comprehensive action plan encompassing interdepartmental efforts to promote healthy living throughout the region of Andalusia (the 2nd largest and the most populated region in Spain around 8.5 M).
- Aimed at the entire population (and all ages) and addressing the determinants that enhance personal and community health assets, as well as health equity, by means of interventions in all policies at a local level.
- Besides other institutional initiatives that already address most common harmful habits, this Strategy will focus
 on the following healthy habits and behaviors:





Pilot project for the development of a Local Network Strategy for Action in Health (Project RELAS)

Positive health

Community health assets. Community action to gain health

COMPREHENSIVE VIEW OF HEALTH

Life-course approach to health

Wellbeing NAL PHYSICAL activity Healthy **DIET**

> **Gender perspective** in health

SEKUALITY



Health equity

Addressing social determinants and health inequalities



Health at the local level

Healthy living environments

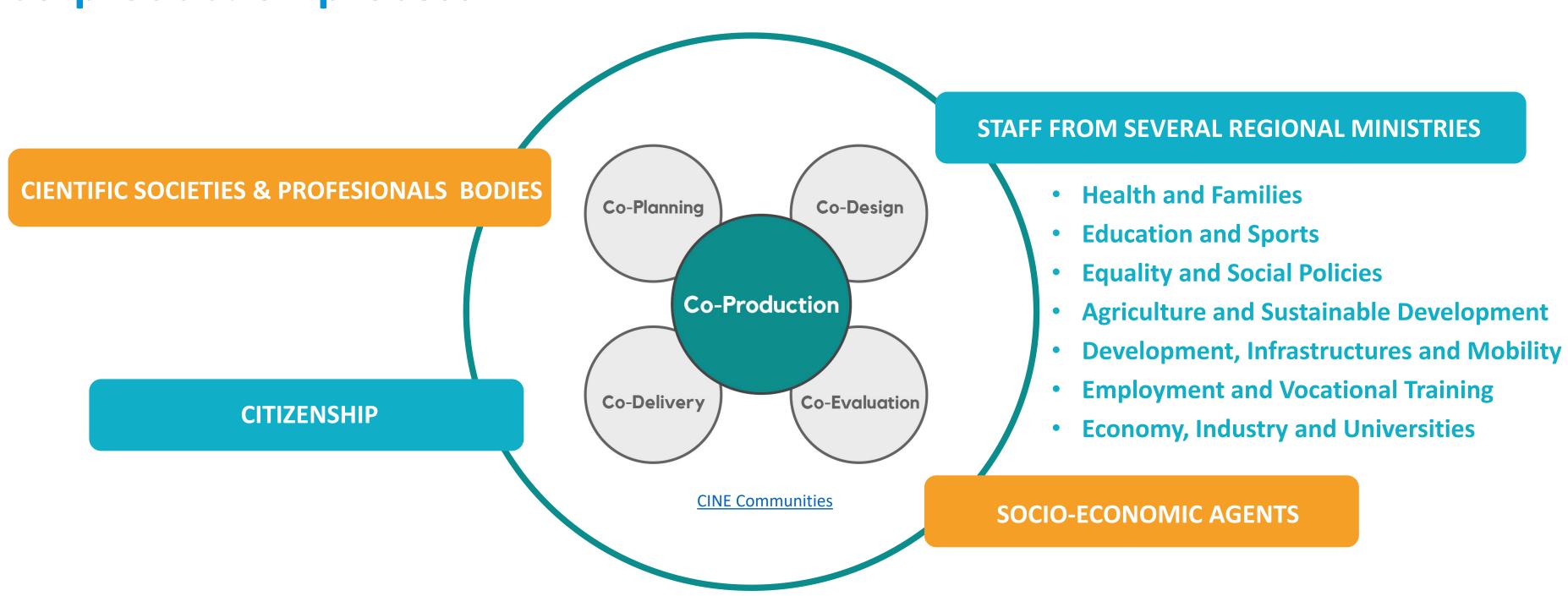


Intersectorality, participation and transparency



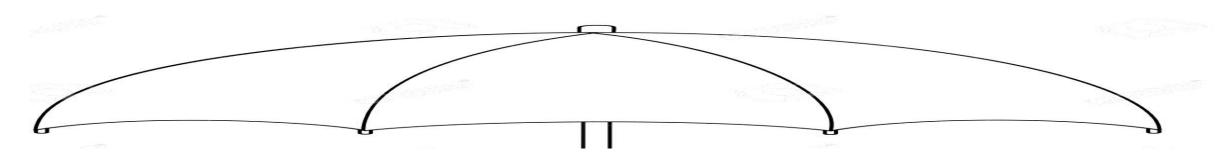


Co-production process:





Linked to health promotion programs already in place in several areas:



EDUCATION

HEALTHCARE

EMPLOYMENT

MUNICIPALITIES





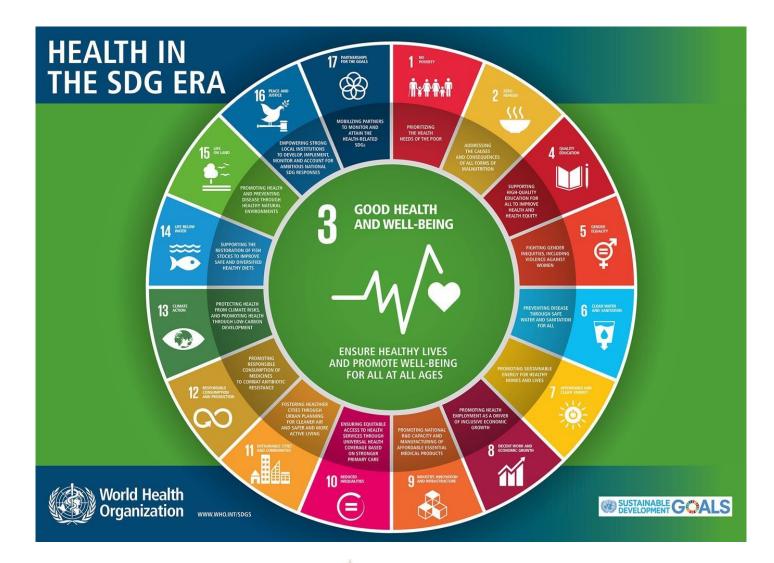
















Consejería de Salud y Familias

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Email:

promocion-saludlocal.csalud@juntadeandalucia.es

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