

Guidelines

Publication Guidelines of the Revista Andaluza de Medicina del Deporte (Andalusian Journal of Sport's Medicine)

Medicine (organization dependent on the Tourism, Commerce and Sport's Council, Board of Andalusia). It is published every four months.

INSTRUCTIONS FOR THE AUTHORS

Those original works, sent exclusively to the Revista Andaluza de Medicina del Deporte and that are related with the Sciences of Sports will be considered for publication. The work must therefore be accompanied by a letter that states that it has not been sent, or is being sent, to any other media for its publication.

The Journal regularly includes articles on clinical or basic (original) research, reviews and letters to the editor.

All original contributions will be evaluated by peer external reviewers named by the Editor before they are accepted, in an anonymous type peer reviews system.

The works admitted for publication will remain as property of the Andalusian Center of Sport's Medicine and its total or partial reproduction must be adequately authorized. For such effect, the author(s) must sign and send a copyright transference form before its publication in the Journal.

SENDING OF THE WORKS (MANUSCRIPTS)

The works should only be sent by E-mail to the Revista Andaluza de Medicina del Deporte (ramd.ctcd@juntadeandalucia.es), accompanied by a letter of presentation addressed to The Editor in Chief in which its examination for publication in the Journal is requested (Original, Review, Special Articles, Cases study or Letter to the Editor). Equally, the authors must confirm that it is an original work that has not been totally or partially published previously nor is being sent for its publication in another media.

Language of the Publication: Revista Andaluza de Medicina del Deporte publishes works in Spanish, English and Portuguese.

Ethics: The signing authors of the articles accept the responsibility defined by the International Committee of Medical Journals Publishers (see www.icmje.org). The works that are sent to the Revista Andaluza de Medicina del Deporte for evaluation should have been written respecting the international recommendations on clinical research and with laboratory animals (Declaration of Helsinki, reviewed in 2004; see www.wma.net). No responsibility of any type is assumed by the publishers of the Revista Andaluza de Medicina del Deporte on damages or harm caused to persons or equipment derived from the use, ideas, procedures or operation of any type conducted in the work to be published.

Conflict of interests: When there is any relationship between the authors of an article or any public or private company, from which any potential conflict of interest may be derived, this circumstance should be communicated to the Editor.

PREPARATION OF THE MANUSCRIPT

All the manuscripts must be adapted to the publication guidelines. It is understood that the first signer of the publication will be responsible for the guidelines and that the remaining authors know, participate and agree with the content of the manuscript.

The instructions need to be read carefully since those manuscripts that do not comply with them will be returned by the Editorial Coordination before being sent to the reviewers.

Format (document presentation): The document must have an electronic format, with the text written in Word and the figures in JPG format. These must be numbered in the upper right corner and all the margins must measure 2.5 cm.

The text extension will vary according to the section that it is going to be published in:

- Originals: maximum 4,500 words, 6 figures in 6 tables.
- Reviews: maximum 4,500 words, 6 figures in 6 tables. If a longer extension is needed, it is recommended that the authors should speak with the editorial committee of the Journal.
- Special Articles: maximum 3,500 words, 3 figures and 3 tables.
- Cases study: 1,500 to 2,000 words, 4 figures and 4 tables.
- Letters to the editor: maximum of 1,000 words.

The manuscripts should have the following general structure:

1. Front Page*
2. Structured summary in Spanish and key words*
3. Structure summary in English and key words*
4. Text
5. References
6. Acknowledgments (optional)
7. Tables (optional)
8. Figures (optional)

* If the language of the manuscript is Portuguese, a structured summary and key words in the Spanish and English language must also be included.

- First page (Front page):

The first page can only have the following data that should go in the following order:

Work title (Spanish to English), name and last names of the authors that should be written in the following order:

First name, initials of the second name if any, followed by last name(s); work site and complete address. In addition, an E-mail of the author must be provided for correspondence.

- Second page:

Summary of the work in Spanish and English, which must have a maximum extension of 250 words. This summary must be structured into four sections: a) Objectives; b) Methods; c) Results and d) Conclusions

At the end of each summary, 3 to 10 key words must be given in Spanish and English, preferentially derived from the Medical Subject Headings (MeSH) of the National Library of Medicine (see http://www.ncbi.nlm.nih.gov/entrez/me_sbrowser.cgi).

- Text: it will vary according to the section in which it will be published:

- a) Originals: This should an Introduction, Method, Results and Discussion; if the authors want to make acknowledgments, these should be inserted at the end of the text.
- b) Reviews: The text should be divided into all of those Sections that the author considers necessary for perfect understanding of the subject in question.
- c) Special Articles: These are articles that due to their subject matter cannot be presented as another type of article. Thus, the text should be divided into those sections that the author considers necessary to achieve the best understanding of the text.
- d) Cases study: The author will include the sections considered necessary for the total understanding of the subject in question.
- e) Letters to the editor: preference will be given in this Section to discussion of the works published in the last two numbers with the contribution of opinions and experiences.
- f) Others: Specific sections requested by the editorial committee of the Journal.

- References:

The references must be numbered consecutively according to order of appearance in the text. In the body of the article, the numbering of the citations must always be in arabic number in superscript, regardless of whether the names of the authors are mentioned or not.

If the name of the authors is mentioned, the following guidelines must be followed:

- If the work is conducted by two persons, mention both.

For example: According to Vaamonde and Oehninger¹ intense physical exercise may cause...

- If it is more than two authors, mention the first followed by the abbreviation "et al".

Example: According to Vaamonde et al¹ intense physical exercise may cause...

Bibliographic citations should be given following the Vancouver model (version in Spanish in www.metodo.uab.es).

Example: Da Silva-Grigoletto ME, Gómez-Puerto JR, Viana-Montaner BH, Armas-Negrin JA, Ugrinowitsch C, García-Manso JM. Comportamiento de diferentes manifestaciones de la resistencia en el voleibol a lo largo de una temporada, en un equipo profesional. Rev Andal Med Deporte. 2008 1(1):3-9.

Other examples of the bibliography can be seen in http://www.nlm.nih.gov/bsd/uniform_requirements.html

- Tables:

These should be sent in a new file, be numbered, the title should be given in the upper part and the abbreviations described in the lower part. The clarification notes should go at the bottom of the page and be ordered with Arabic numbers in accordance with their order of appearance in the text.

- Figures

Figure legend

The legends (footnotes) of the figures (including the abbreviations used) should be included in the principal document on a separate page from that of the tables.

Figures and other graphic material.

Both graphs as well as the photographs (photos) are considered figures.

The figures may be made with any computer program but should be sent in jpg format, with a minimum quality of 300 dpi. Each figure should be in black and white, although when it is justified, they may be accepted in color. Furthermore, the authors will be asked to send each figure in a separate file whose name should be the number of the figure (for example figure1.jpg)

The Editorial Coordinator of Revista Andaluza de Medicina del Deporte will inform on the receipt of the work and will inform on the result of acceptance and possible date of its publication.

The director of the Revista Andaluza de Medicina del Deporte will not be responsible for the concepts, opinions or statements made by the authors in their works.

It would be convenient for the authors to consult a recent number of the Journal to verify if any changes have been made in the publication guidelines and to be able to access a published article that can be used as an example.

Up-dated on March, 2011