

Please leave rubbish in the bins provided Walk on the À marked paths

Please respect

private property

**Emergency phone: 112** 

The capture of animals

is not permitted

Starting fires is

strictly forbidden

Open camping is

**ALMERÍA** 

Cabo de

not permitted

Fishing is

prohibited

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Gata-Nílar MORE INFORMATION Las Amoladeras Visitors' Centre. Ctra, AL-3115 Almería-Cabo de Gata, km 7, Almería, Tel, 950 16 04 35

ventanadel**visitante** 







#### OTHER CATEGORIES OF PROTECTION



#### ROUTE l inear

#### • LENGTH (OUTWARD)

2.3 km

## • ESTIMATED TIME (OUTWARD)

1 hour and 30 minutes

#### DIFFICULTY

Low

## • TYPE OF TRAIL

Path or track

#### LANDSCAPE / VEGETATION

Inlet enclosed by hills of volcanic origin of modest height. Beach, fossil dunes and plains or cultivated fields. Scan vegetation dotted with pines, eucalyptus, palm shrub, prickly pear and other natural and introduced plant species. Few buildings, although some of historic and cultural interest such as the windmill, farmsteads, cisterns etc.

#### SHADE

Scant

 SPECIAL AUTHORISATION Not required

PROVINCE / MUNICIPALITIES

• SHEETS OF MTN MAP 1:50.000

START / END COORDINATES

#### RECOMMENDATIONS

Carry drinking water and wear suitable clothing and footwear.

Almería / Níjar

1060 - El Pozo de los Frailes

36° 45' 20,92"N - 2° 06' 57,78"O

36° 44' 16,76"N – 2° 07' 07,95"O



HOW TO GET THERE

at this crossing.

PUBLIC TRANSPORT

OTHER TRAILS

PARKING

Head for San José on the AL-3108 which runs

south-west through the centre of the village

metres of earth, we find a path on the right

There is carpark or around 20 spaces at the

crossing with the asphalted road, 150 metres

The principal companies running regular bus

routes in the area are ALSA - Alsina Graells

www.autocaresbernardo.com) y Frahemar

The natural park has an extensive offering of signposted trails. Nearby trails include the

(tel. 902 42 22 42; www.alsa.es).

Autocares Bernardo (tel. 950 25 04 22;

(tel. 950 26 64 11: www.frahemar.com).

Loma Pelada and Vela Blanca trails.

from the panel marking the start of the route.

to reach the Mónsul trail. After three hundred

close to the Los Genoveses mill. The trail starts

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# MAXIMUM GRADIENT 41 m MAXIMUM HEIGHT 41 m

length (m)

0 m

## MINIMUM HEIGHT

### **GENOVESES**

The Moors enjoyed a presence on the Iberian Peninsula for some eight centuries before eventually



#### conduering Almería, which means it was one of the last strongholds for much of the time of the Nasrid kingdom.

However, there was an interruption to Muslim rule between 1147 and 1157, ten vears of Christian occupation by a coalition of Aragonese, Genovese and Pisans and led by Alfonso VII, King of Castilla y León. Pope Eugene III supported the crusade.



A fleet of Genevese remained hidden at this inlet during the assault on the city of Almería. It was a shrewd strategy as when the crusaders laying siege appeared to retreat, the defenders left the city unprotected, an opportunity seized by the Genovese for the definitive assault.

The Genovese thus managed to extend their commercial network across the Mediterranean coast of Andalusia and their legacy is evident not only in local place names but also in the cross that appears on the coat of arms of the city of Almería and in certain surnames found in the area to this day.

## San José

The road reaches San José from El Pozo de los Frailes from the north (AL-3108) and continues around the village that marks the start of the Mónsul Trial to

the south-east. About three hundred metres ahead the asphalt path ends and a track runs right close to the Los Genoveses mill. At the crossroads the path begins (see [1] on the map). The restored windmill was built from stone masonry and lime or plaster. Its upper level is covered with a steeple or canopy of wooden boards which house part of the machinery for the transmission of wind energy to mill cereal.

Los Genoveses

The historic arrival of the Genovese fleet in the 12th century left a profound mark on the local topography. The inlet has one of the most iconic beaches of the natural park, sought out and loves by tourists from all over who appreciate the landscapes and rich natural and cultural heritage of the area as well as sun and sand.

The trail runs north to south along the beach from the Ave María hill to the Morrón de los Genoveses, two accessible climbs that offer beautiful views of the coast.



We start by walking along a narrow path that takes us towards the beach. Some seven hundred metres away we find a crossroads [2] with swathes of pines to each side, striking plants between the treeless common lands, with vegetation of bush (palm bush, Periploca angustifolia, bufalaga, spiny cocklebur, agave and prickly pear) and fleeting herbaceous plant at favourable times of year.



Further on, very close to the beach, we pass the mouth of the small rambla where the odd eucalyptus tree grows. Our attention is also drawn to the curious plantations of prickly pear on the balates of the fields of the El Romeral farmstead.

We continue until we reach the ruins of an old bunker [3] on the edge of the beach, which has a series of fixed and mobile dunes where typical vegetation grows, comprised primarily of beach and cotton grass. We can also make out a more depressed area ahead, prone to flooding, where many plants have adapted to the saline environment (halophytes), among them tamarisk.

### Morrón de los Genoveses

We continue along the beach along a track that's barely defined between the sands. On our right is the Campillo de los



Genoveses and on our left the Mediterranean Sea. After about five hundred metres along the beach, we reach a stony area [4], with whitish-yellow colour that is none other than a fossil dune.

A little further on, at the end of the beach the tail ends alongside the Morrón anchoring area [5], the location where the Genovese safely disembarked in the famous episode of 1147, forever etched into the toponomy of the region.



It's worth climbing the Morrón de los Genoveses to reach the volcanic viewpoint, 74 metres up and surround by the park's six marine reserves, and where we can look back at the route taken. These clear waters are home to communities of vegetation and animals of great significance to the Mediterranean environment, such as the meadows of Posidonia.



We continue south-east, at the foot of Ave María Hill, rising 133 metres to our right. Along with sign indicating the start of the trail, there is an interpretive panel on view from the hill if we want to save ourselves the climb. The hill is the northern end of the inlet that's home to the Los Genoveses beach, used for anchoring. At the opposite end, to the south, stands the Morrón de los Genoveses, protruding into the sea. Inland there is the fossil dune, Cerro del Barronal and beyond the flat plains of El Romeral the volcanic mountains of Cabo de Gata. The vegetation is varied in such an open space, giving an impression of a continuation of the landscape of North Africa.

