

GOOD PRACTICE



Please leave rubbish in the bins provided



Walk on the marked paths



Please respect private property



The capture of animals is not permitted



Starting fires is strictly forbidden



Fishing is prohibited



Plant collecting is not allowed

Emergency phone: 112

MÁLAGA

PARAJE NATURAL
Los Reales de
Sierra Bermeja

MORE INFORMATION

Territorial Delegation of the Regional Ministry of Agriculture, Livestock, Fisheries and Sustainable Development in Málaga

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Production and Photography: Grupo Entomo, Federación Andaluza de Montañismo and Environment and Water Agency



UNIÓN EUROPEA
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Junta de Andalucía
Consejería de Agricultura, Ganadería,
Pesca y Desarrollo Sostenible

PARAJE NATURAL
Los Reales de
Sierra Bermeja

Trail

Paseo de los Pinsapos



OTRAS FIGURAS DE PROTECCIÓN



• ROUTE

Linear

• LENGTH (OUTWARD)

2,8 km

• ESTIMATED TIME (OUTWARD)

1 hour

• DIFFICULTY

Low

• TYPE OF TRAIL

Path and track

• LANDSCAPE / VEGETATION

Spanish firs, pine forest, run-off streams, peridotites, views

• SHADE

Plentiful

• SPECIAL AUTHORISATION

Not required

• RECOMMENDATIONS

Carry drinking water and wear suitable clothing and footwear. Take a mobile phone with you. It is suggested to bring binoculars for bird watching.

• PROVINCE / MUNICIPALITIES

Málaga / Genalguacil

• SHEETS OF MTN MAP 1:50.000

1071 - Jimena de la Frontera

• START / END COORDINATES

36° 29' 5,95" N — 5° 12' 28,15" O

36° 29' 26,25" N — 5° 12' 25,85" O



HOW TO GET THERE

The best access is from Estepona, along the MA-557 road towards Jubrique, looking for the Puerto de Peñas Blancas. Once the pass is reached, take the narrow tarmac track that climbs up to Los Reales. After 2 km we will find the signpost for the start of the path on a sharp bend.



PARKING

There is no car park. At the bend in the trail where the route starts, it is possible to park about 3 cars.



PUBLIC TRANSPORT

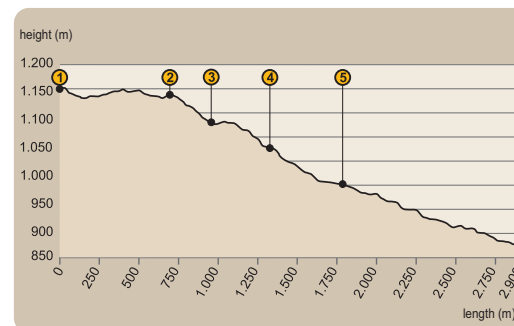
It is possible to reach Estepona by bus. There are several bus companies that operate to this destination depending on the origin. Estepona Bus Terminal, www.ctsa-portillo.es / tel. 902 45 05 50. There are train stations in Málaga and Algeciras, (check services and timetables at www.renfe.com / tel. 902 32 03 20)



OTHER TRAILS

Nearby, the Los Realillos and Salvador Guerrero trails can also be found; the latter is not very difficult and offers excellent views.

PROFILE OF ROUTE



• MAXIMUM GRADIENT

281 m

• MAXIMUM HEIGHT

1.156 m

• MINIMUM HEIGHT

876 m



Peridotite is an igneous rock which, when oxidised, acquires the reddish hue that gives the sierra its name

SPANISH FIRS

The Spanish firs are of great scenic and scientific value. The Spanish fir (*Abies pinsapo*) is related to other Mediterranean spruce species, but this particular species is only found in certain parts of the province of Málaga and Cadiz.

The natural fir forests of this species are called Spanish firs and most of them are in protected areas under some legal status. It is a robust tree, up to 30 metres high, with a pyramidal crown. The Spanish fir forests are found between 1000-1800 metres above sea level, developing in all their splendour in the shady areas, although some specimens also grow in the sunny areas.



Trail

Paseo de los Pinsapos

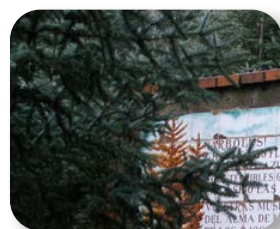
Plazoleta de Genalguacil

Our route begins on a well-marked path that immediately enters the Spanish fir forest, surprising us with the darkness and little light that the trees [check [1] on the map] let through under their canopies. This lack of light causes the absence of leaves on the lower part of the trees. Most of the rocks are covered with mosses, which denote the humidity that characterises these places, as the entire route runs along the northern face of the mountain range. This means that this hillside receives very few hours of direct sunlight, and in many areas none at all depending on the time of year.



The Spanish fir forest grows on very steep and abrupt ravines

The path gently descends in altitude and some pines mingle with the Spanish firs. We pass through a spectacular gorge where a beautiful Spanish fir forest develops on both sides of the gorge. A little further on, we will cross a small wooden bridge over a stream and arrive at a place of great botanical beauty: the Plazoleta de Genalguacil [2]. This is a small plain with several large Spanish firs, where we can see a stone wall on which is inscribed in ceramic a poem that Federico García Lorca dedicated in 1919 to the Spanish firs.



Federico García Lorca dedicated this poem to the Spanish firs

Los Realillos trail, which runs along part of the Los Reales ridge, also ends at the small square. At this point you will have noticed the reddish colour of the rocks.

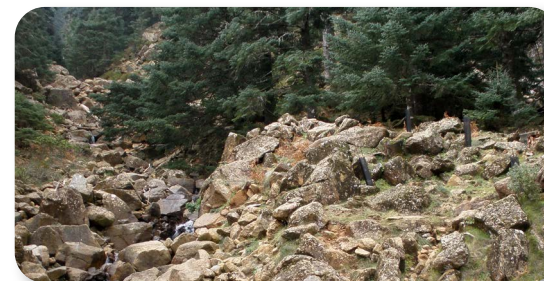
Peridotites

The Paraje Natural de Sierra Bermeja is a mountainous massif of volcanic origin, which gets its name from the reddish colour of the peridotites, a type of igneous rock really usual herein. The Sierra Bermeja peridotite outcrop is one of the most important in the world. Peridotite rocks are rich in iron which, when oxidised, stain the area red.

The mineralogical complexity of these rocks means that a soil develops on these substrates, the composition of which is rich in heavy metals such as nickel, chromium, cobalt, magnesium, etc., creating a toxic soil. This peculiar geology is responsible for the fact that few plants are able to grow in these mountain ranges.

Endemic species

Its cliffs, rocks and forests hold hidden treasures. Of course, these are its endemic plants. In other words, plants that are exclusive to these mountain ranges and are not found anywhere else on the planet.



Gullies are common due to the steep slopes



The River Guadalentin carves a great canyon at the foot of peaks of more than 2000 metres

We continue along the trail, guided by the existing signposting, to once again enter the Spanish fir forest, where we will find some specimens of Spanish firs like out of a fairy tale. The path descends, crosses the Garganta del Algarrobo stream [3] and leaves the Spanish fir forest, entering an area of pine forest. The pine trees do not have much continuity and now we advance through a more open area, where the views of the Genal valley are excellent [4].

The path starts to lose altitude, and once again we enter a pine forest the pines of which will not leave us until the end of the trail and under which some Spanish firs are trying to grow. We cross a small gate, going forward, and the path widens [5]. From this point onwards the descent is more pronounced with several zigzags to make the loss of height easier. Finally, we come out onto a forest track and, a hundred metres further on, the path ends next to a road.



The Sierra Bermeja Natural Park has several other trails that will allow us to continue to get to know and enjoy the environment: Los Realiyos is an interesting itinerary along the crests of the mountain range and the Salvador Guerrero trail is a short and comfortable route that takes us to a viewpoint where the views are magnificent.





trail

Paseo de los Pinsapos

Paraje Natural Los Reales de Sierra Bermeja

Los Realiyos



- Landmark (see text)
- Interpretive panel

- Paseo de los Pinsapos Trail
- Other trails of the natural park
- Road
- Path

