

GOOD PRACTICE

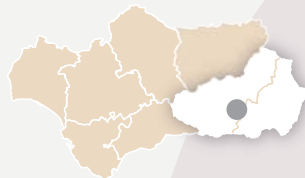


- Please leave rubbish in the bins provided
- Walk on the marked paths
- Please respect private property



- The capture of animals is not permitted
- Starting fires is strictly forbidden
- Plant collecting is not allowed

Teléfono de emergencias: 112



GRANADA
ALMERÍA
SIERRA
NEVADA
PARQUE NACIONAL
PARQUE NATURAL

MORE INFORMATION

Laujar de Andarax Visitor's Centre
Carretera Laujar de Andarax-Berja, km.1.
04470 Laujar de Andarax (Almería). Tel. 950 51 35 48
ventanadelvisitante.



UNIÓN EUROPEA
Fondo Europeo Agrícola de Desarrollo Rural



Junta de Andalucía
Consejería de Agricultura, Ganadería,
Pesca y Desarrollo Sostenible

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PARQUE NATURAL



Trail

Monterrey



OTHER CATEGORIES OF PROTECTION



• ROUTE

Circular

• LENGTH

9,7 km

• ESTIMATED TIME

3 hours

• DIFFICULTY (MIDE)



Environment: 2
There is more than one risk factor



Itinerary: 2
Pathways or signage indicating continuity



Underfoot conditions: 3
Walking on staggered paths or uneven terrain



Effort: 3
More than 1 h and up to 3 h (2+1) of effective running time

• TYPE OF TRAIL

Forest path and track.

• LANDSCAPE / VEGETATION

Hilly, steep. Gallery forests. Holm oak and pine forests. Forest nurseries

• SHADE

Frequent

• AUTORIZACIÓN ESPECIAL

Not required

• RECOMMENDATIONS

Carry drinking water and wear suitable clothing and footwear. Check that the water from fountains is safe to drink.

• PROVINCE / MUNICIPALITIES

Almería / Laujar de Andarax

• SHEETS OF MTN MAP 1:50.000

1028 - Aldeire

• START / END COORDINATES

37° 0' 25,24"N — 2° 53' 19,49"O



HOW TO GET THERE

From Laujar de Andarax, take the road that goes to the El Nacimiento recreational area, heading north. After 1.5 km we reach the start of the path, which coincides with the highest bridge that crosses the river.



PARKING

There is a car park with some 10 places at the start of the trail, near the Fabriquilla restaurant.



PUBLIC TRANSPORT

The principal companies running regular bus routes in the area are Alsina Graells Sur (tel. 958 18 54 80), Maestra Autedia (tel. 958 153 636) and Alsa (tel. 902 42 22 42).

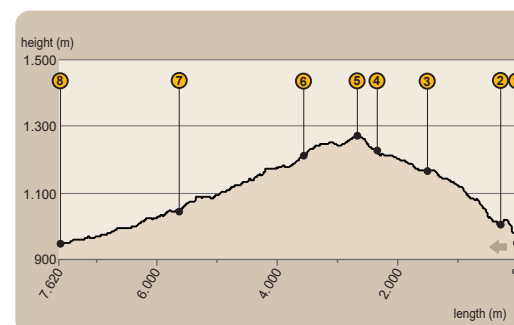


OTHER TRAILS

The natural park offers other routes for hikers. Nearby trails include the Ubeire and Del Aguadero trails.

PROFILE OF ROUTE

(length to be updated)



• MAXIMUM GRADIENT

326 m

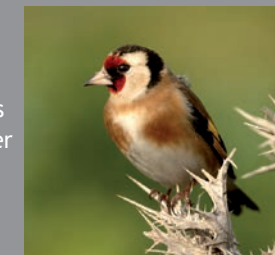
• MAXIMUM HEIGHT

1.272 m

• MINIMUM HEIGHT

946 m

RIVERBANK VEGETATION



River banks are the banks of rivers and other smaller watercourses that are flooded during floods. They are in the public domain and are protected by law, for safety reasons and for the preservation of the environment and natural resources. Forests usually grow over them, being called gallery forests or riverside forests because of their shape.

The Andarax riverbank is one of the best preserved gallery forests in the Sierra Nevada. Poplars, alders, ashes and elms, along with many other plants, protect the riverbed and the waters that flow through it.



In addition to the variety of shapes, smells and colours of the forest, there is also the symphony of sounds emitted by the several birds that find their refuge here: orioles, blackbirds, goldfinches...

Miguel de Unamuno describes this type of forest with great sensitivity:

The poplars that in springtime, when the tender down of new leaves sprouts on them, give us the sensation that time stands still and is immersed in eternity, of a past that is at the same time a future, of a sunset that mingles with the dawn.



River Andarax

The starting point of this trail is at the El Nacimiento recreational area (check [1] on the map), near of the former hydroelectric power station that supplied the villages of the Andarax valley: Laujar de Andarax, Fuente Victoria, Fondón and Benecid.



We cross the River Andarax and start to climb a steep path through pine trees. In a short time we reach the forest road that was created at the beginning of the 20th century to link Laujar de Andarax with the Monterrey forest nursery.



It is a circular route the main character of which is the River Andarax, its waters giving life to a magnificent woodland, one of the best preserved in the entire protected area.

As we go upstream, we will cross pine and holm oak forests and old cultivated areas. We will reach the Monterrey nurseries and we will be able to linger and contemplate the impressive views of the Andarax valley and the Sierra de Gádor.

Once at the top, we must follow the well-marked path to the right to start the first big zigzag [2] uphill. Due to the altitude we will be able to enjoy fantastic panoramic views of the Sierra de Gádor and the Andarax valley. On the opposite slope we can see the large pipe through which the water fell from the irrigation channel to the La Fabriquilla power station.

The path continues well signposted and marked, ascending gently through the reforested pine forest [3]. As the forest is so dense, the light only reaches the top of the trees, which is therefore the growing layer, while below the branches dry out and remain as pure support for what is above them. For the same reason, the scrub in the shade of

the pine forest is scarce, although in some places we can find a number of aromatic plants, such as rosemary, thyme and wild thyme. After a long walk we will reach a firebreak [4], from the height of which we will be able to observe a new perspective of the path we are following. We can stop and enjoy the scenery: the Almirez hill (2,519 metres) will be the one that most attracts our attention.



Monterrey Nursery

The highest point of our trail is the Monterrey estate [5], a former nursery for the repopulation of pine trees.



After reaching the fence, we must follow the path upwards, crossing a copse of pines and holm oaks, until reaching the forest track [6]. Once there, we must go to the right.

We must continue down the forest track for a kilometre and a half until we reach another crossroads, which we take to the right, through the La Murilla area [7].

The surrounding landscape is worthy of close observation: the Almirez and Buitre peaks, the native holm oak groves, the high

mountain crops, the Aguadero and Horcajo ravines; on the opposite slope the Canal de la Hidroeléctrica and in the lower area the River Andarax.



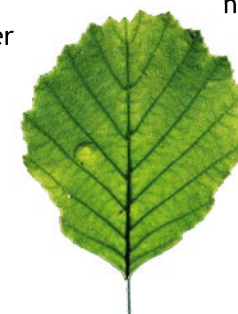
Riverside forests

After a couple of kilometres more the forest track takes us to the banks of the Andarax [8]. In the Sierra Nevada the riparian forests are quite degraded, but in this one we find a well preserved alder grove.



The alders are accompanied by the inevitable poplars and willows; brambles, honeysuckles and hawthorns form a colourful and fragrant shrub layer.

We will continue walking to reach, in about 30 minutes, La Fabriquilla, the start and finish of our walk.





trail

Monterrey



0 300 600 m

- ① Landmark (see text)
- P Parking
- Recreational area
- Viewpoint
- 1 Spring
- Bridge
- Camping area
- Shelter

- Monterrey Trail
- Other trails of the natural park
- Livestock Track
- Path
- Electricity line