

## GOOD PRACTICE

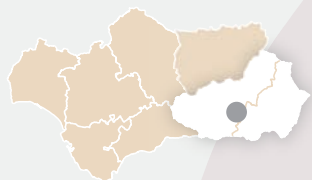


- Please leave rubbish in the bins provided
- Walk on the marked paths
- Please respect private property



- The capture of animals is not permitted
- Starting fires is strictly forbidden
- Fishing is prohibited
- Plant collecting is not allowed

Emergency phone: 112



GRANADA  
ALMERÍA  
SIERRA  
NEVADA  
PARQUE NACIONAL  
PARQUE NATURAL

## MORE INFORMATION

El Dornajo Visitors' Centre.  
Carretera Sierra Nevada, km 23.  
18196 Güejar Sierra (Granada). Tel. 958 34 06 25.  
ventanadelvisitante.



UNIÓN EUROPEA  
Modelo Europeo Agrícola de Desarrollo Rural



Junta de Andalucía  
Consejería de Agricultura, Ganadería,  
Pesca y Desarrollo Sostenible

SIERRA  
NEVADA  
PARQUE NACIONAL  
PARQUE NATURAL



La Cebadilla



## OTHER CATEGORIES OF PROTECTION



### • ROUTE

Circular

### • LENGTH

7,5 km

### • ESTIMATED TIME

4 hours

### • DIFFICULTY



Environment: 2

There is more than one risk factor



Itinerary: 2

Pathways or signage indicating continuity



Underfoot conditions: 2

Walking on staggered paths or uneven terrain



Effort: 2

More than 1 h and up to 3 h (2+1) of effective running time

### • TYPE OF TRAIL

Path or track

### • LANDSCAPE/VEGETATION

Hilly, steep. Terraces and other cultivated areas. Riparian vegetation. Mediterranean mountain. Reforestation pine forests. Landmarks of industrial archaeology.

### • SHADE

Scant

### • SPECIAL AUTHORISATION

Not required

### • RECOMMENDATIONS

Carry drinking water and wear suitable clothing and footwear. Check that the water from fountains is safe to drink.

### • PROVINCE / MUNICIPALITIES

Granada / Capileira

### • SHEETS OF MTN MAP 1:50.000

1042 - Lanjarón

### • START / END COORDINATES

36° 57' 46,8"N — 3° 21' 31,92"W

36° 57' 45,68"N — 3° 21' 37,49"W



## HOW TO GET THERE

To Capileira on the A-4129. Cross the village to the upper part, the Castle district. The path starts on the road leading to La Cebadilla



## PARKING

There is a car park with some 45 places at the start of the trail.



## PUBLIC TRANSPORT

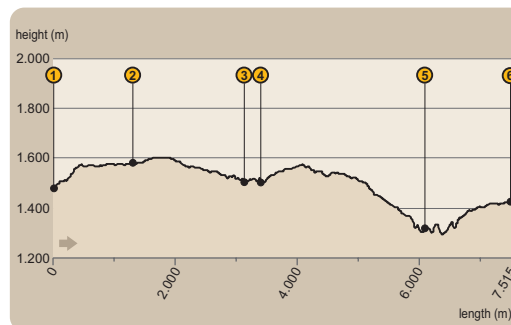
The principal companies running regular bus routes in the area are Alsina Graells Sur (tel. 958 18 54 80), Maestra Autedia (tel. 958 153 636) and Alsa (tel. 902 42 22 42)



## OTHER TRAILS

The natural park offers other routes for hikers. Nearby trails include the Pueblos de Poqueira and the Río Bermejo trails.

## PROFILE OF ROUTE



### • MAXIMUM GRADIENT

315 m

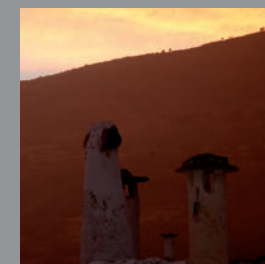
### • MAXIMUM HEIGHT

1.605 m

### • MINIMUM HEIGHT

1.290 m

## THE VILLAGES OF THE ALPUJARRA



The tour begins and ends in the town of Capileira. This is a good opportunity to visit and observe a good sample of a peculiar type of urbanism, especially of those towns located on the southern slope of the Sierra Nevada. There are no other places where such an intense and successful integration of the human habitat with the natural physical environment can be seen. Furthermore, it is an integration that has had to overcome difficult conditions for the implementation of the built and inhabited space.



The farmhouse is arranged in a staggered layout, adapting to the steep terrain, with an intricate urban layout and characteristic construction elements such as the terraos, roofs shared between buildings, or the tinaos, overhangs that cover the width of the narrow streets.

Beyond the farmhouse, a cultivation space opens up as an agricultural ring worked for centuries by taming hard and steep slopes through terraces or terraces, where, together with the annual plantings, a spectacular variety of fruit trees can still be seen.





### Capileira

It begins in Capileira, the highest town of the three in the Poqueira Gorge. From the Castillo district, a path leads off in the direction of La Cebadilla, a small village near the Poqueira hydroelectric power station. The first part, the steepest part, is paved to facilitate the passage of horses and prevent its deterioration in the rain, hence the so-called bridle paths (check [1] on the map).



The path quickly gains height, widening the views of the ravine with its slopes terraced for cultivation and dotted with old farmhouses [2]. To the south you can see Sierra Lújar (1,870 m), which is part of a coastal alignment of minor mountain ranges that separate Sierra Nevada from the sea. To the north, the high peaks of the massif can be found.

After a long climb, the path reaches the Los Lugares irrigation channel, which it follows for a short stretch, before leaving it and climbing up to the track that goes to La Cebadilla. We will continue along this track to the left, approximately one kilometre, to reach the old town of La Central [3], practically abandoned today. Most of their houses are uninhabited and the place where they are is narrow and shady.

### La Cebadilla and the crossing of River Poqueira

The hydroelectric power station itself is located at the end of the track, a little above the Cebadilla, at the confluence of the rivers Toril and Naute at an altitude of 1,540 m above sea level. It is currently in operation. From the union of the Naute and the Toril the River Poqueira is born, giving its name to one of the largest ravines in the Alpujarra Alta on the southern slope of the Sierra Nevada.



When we get to La Cebadilla we cross the River Poqueira [4] by the bridge that is in this place, to start the way back on the other side of the ravine. We go up a narrow track for about 600 meters to the Abuchite farmhouse, which is located at the first sharp bend on the road.

Right on that curve, a wooden marker indicates the start of the path, which passes over the farmhouse and which we will follow on the way back down to the river. This path descends gently for about two km between old farmhouses and farm terraces to the Prado Largo Ravine, where we descend to the River Poqueira. In this part of the river there is a cool poplar grove and numerous pools. We cross it over the Abuchite bridge [5] to continue on the path that goes up the opposite slope, at first quite steep.

### Return to Capileira

This uphill path is approximately one kilometre long and, on reaching Capileira, it widens to become a track. Right at the entrance to Capileira, and and to the right of the road, are the threshing floors of Aldeire [6]. These are ancient eras, arranged as a viewpoint, with excellent views of the Poqueira Gorge and the peaks of Sierra Nevada.



Once in Capileira, we can complete the tour by entering its streets, becoming surprised by beautiful corners of its peculiar Alpujarra architecture. For this reason, Capileira has been declared a Historic-Artistic Site and a picturesque spot.



The Poqueira Gorge, located at the foot of the highest peaks of the Peninsula, is one of the most visited places in the Alpujarra. This itinerary, which starts from Capileira and goes to the junction of the Toril and Naute rivers, runs through one of the most beautiful places on the southern slope of the Sierra Nevada.

In addition, we will have the opportunity to enter the town of Capileira and admire its peculiar houses and streets, a great example of Alpujarra urbanism





Refugio-Vivac  
Loma del Puntal

# Trail

## La Cebadilla



PARQUE NACIONAL  
SIERRA NEVADA

Central Meteorológica de  
Confederación Hidrográfica del Segura

Central Eléctrica  
de Poqueira

Prado  
Morea

Prados  
del Perro

La Umbria

Mirador  
Puerto Molina

Piedra  
Blanca

2.293 m

Loma de  
Piedra Blanca

Prado de  
las Juncias

Peñón de  
la Cruz

Área recreativa  
Hoya del Portillo

Hoya del  
Portillo

Cañada del  
Reguero

Ardeire

Tajo  
Pelón

Cañada de  
Bonilla

Hoya de  
la Virgen

Tajo del  
Diablo

Capileira

Cortijo  
del Morrón

El Partidor

La Canal

Cortijo de  
Haza Redonda

Haza  
Redonda

Cortijo de  
la Sacristía

Cortijo Abuchite

Cortijo  
del Álamo

Cortijo de  
Haza Sastre

1.925 m

1.818 m

1.625 m

0 400 800 m

- 1 Landmark (see text)
- P Parking
- Church
- Farmstead
- Town Council
- Recreational area
- Viewpoint
- Spring
- Bridge
- Bench
- Vivac Shelter

- La Cebadilla Trail
- National park boundary
- Long Tour (GR-411)
- Road
- Path
- Electricity line