

GOOD PRACTICE



- Please leave rubbish in the bins provided
- Walk on the marked paths
- Please respect private property



- The capture of animals is not permitted
- Starting fires is strictly forbidden
- Fishing is prohibited
- Plant collecting is not allowed

Emergency phone: 112

GRANADA
ALMERÍA

SIERRA
NEVADA

PARQUE NACIONAL
PARQUE NATURAL

MORE INFORMATION

El Dornajo Visitors' Centre.
Carretera Sierra Nevada, km 23.
18196 Güejar Sierra (Granada). Tel. 958 34 06 25.
ventanadelvisitante.



UNIÓN EUROPEA
Modelo Europeo Agrícola de Desarrollo Rural



Junta de Andalucía
Consejería de Agricultura, Ganadería,
Pesca y Desarrollo Sostenible

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Jérez del Marquesado
Postero Alto



OTHER CATEGORIES OF PROTECTION



• ROUTE

Circular

• LENGTH

17,1 km

• ESTIMATED TIME

6 hours

• DIFFICULTY



Environment: 2

There is more than one risk factor



Itinerary: 3

Precise identification of landforms and cardinal points is required



Underfoot conditions: 3

Walking on staggered paths or uneven terrain



Effort: 3

More than 3 h and up to 6 h (3+2+1) of effective running time

• TYPE OF TRAIL

Forest path and track

• LANDSCAPE / VEGETATION

Mid-mountain, steep. Gallery forests Holm oak and pine forests. Industrial archaeology milestones (mini power stations).

• SHADE

Frequent

• SPECIAL AUTHORISATION

Not required

• RECOMMENDATIONS

Carry drinking water and wear suitable clothing and footwear.

• PROVINCE / MUNICIPALITIES

Granada / Jérez del Marquesado

• SHEETS OF MTN MAP 1:50.000

1011 - Guadix; 1027 - Güejar Sierra;
1028 - Aldeire

• START / END COORDINATES

37° 10' 33,99"N – 3° 10' 1,9"O



HOW TO GET THERE

Cross Jérez del Marquesado on the road towards Lanteira, heading south. Go across the town and turn right before reaching a large arch, on the road to Granada. The trail starts at this point.



PARKING

There is car park at the start of the trail and there are also places nearby to leave your vehicle.



PUBLIC TRANSPORT

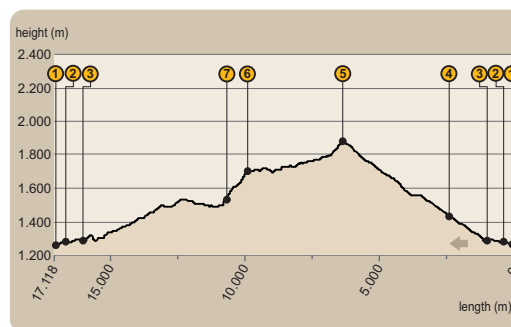
The principal companies running regular bus routes in the area are Alsina Graells Sur (tel. 958 18 54 80), Maestra Autedia (tel. 958 153 636) and Alsa (tel. 902 42 22 42)



OTHER TRAILS

The natural park offers other routes for hikers. Nearby trails include the River Alhama and Molinos de Isfalada trails.

PROFILE OF ROUTE



• MAXIMUM GRADIENT

641 m

• MAXIMUM HEIGHT

1.878 m

• MINIMUM HEIGHT

1.237 m

CULTURAL HERITAGE

Along the path we will find several samples of the richness of the cultural heritage that Sierra Nevada has.

The town of Jérez del Marquesado, where

the walk begins, is, of course, the first milestone. Its castle, the Arab baths, the silk trade (from which its name comes, Xeriz) or its Santa Constanza copper mines were excellent examples of its past greatness. Today, this historical-artistic heritage is also complemented by the attractive natural environment.



Introducing ourselves in the middle of the path, other interesting samples of a rich cultural and ethnographic heritage can be found, through which we can get an idea of the human history of these lands, of the relationship that for centuries, and even to the present days, local populations had to face to take advantage of natural resources to ensure their survival.

It is recommended to observe the mills, the ditches, the cattle corrals and many other old constructions, many of them abandoned and dilapidated. They are traces of local history that continue to give meaning and explanation to the natural and rural landscape.

The many small hydroelectric plants are components of the landscape. A network of power plants, built during the first half of the 20th century, taking advantage of the abundant water and the uneven terrain, supplied electricity to the Alquife iron mines, which had been closed a few years ago.



Jérez del Marquesado Postero Alto

Jérez del Marquesado

We start from Jérez del Marquesado on the road that leads to Lanteira. At the end of the town (check [1] on the map), and before crossing an aqueduct, we take a track to the right marked with a sign that indicates that the path is 300 m away. We go up this track to a fork, which we take to the left. At this point there is a signpost for the trail [2]. We walk for 1 km along a track over the valley of the River Jérez, covered by chestnut trees, poplars, wickers, ash trees and alder trees.



The path descends to the left to the place known as the Junta de los Ríos [3], where the Alhorí streams join, crossing it by a wide bridge, and Alcázar. At this point, the Loma de Enmedio begins, along which the path runs to the Postero Alto Shelter. Immediately, the stony path takes height to have interesting views of the environment. La Loma de Enmedio [4] is a traditional path that connects the two slopes of Sierra Nevada, the Alpujarra and the Marquesado, through the pass of Trevélez. We continue ascending to the middle of the slope until we reach the hill, where a wide firebreak opens, furrowed by a track through which we will sometimes travel. The view over the repopulation pine forest on the northern slope of the Sierra Nevada is impressive.

Postero Alto Shelter

We cross the forest track to continue climbing the firebreak towards the Postero Alto Shelter [5], at an altitude of 1,870 m, an enclave for mountain activities, such as hiking or cross-country skiing. After enjoying the view of the peaks of the mountain range, with the Picón de Jérez and the Barranco del Alhorí in the foreground, we descend the path to the left, crossing a dense pine forest.



The path zigzags up to a track, which we take to the left for about 250 m, until we reach another forest track, which we will continue to the right for one kilometre. We pass the ravine of Los Ciruelillos, with lush vegetation next to the stream. About twenty metres from it, we leave the track to take the path that flattens along the hill to the left, following the path of the channel of a mini-power station.

This narrow area is known as El Pasillo. At the end of the canal we find the Cortijo del Hornillo [6], the former loading chamber of the plant.



La Tizná Recreational Area

We return to the path to descend a steep 150 m to reach the recreational area La Tizná [7].

This attractive corner of the Sierra Nevada, crossed by two streams, still preserves the remains of the Tizná mini-hydroelectric power station, one of the many that existed in this area.



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Arriving at Jérez del Marquesado we turn left along a path that descends to the River Alcázar, and in a few minutes it takes us to the foot of the Loma de Enmedio. We cross the River Alcázar and River Alhorí and go up the path to the lane that will return us to the starting point.

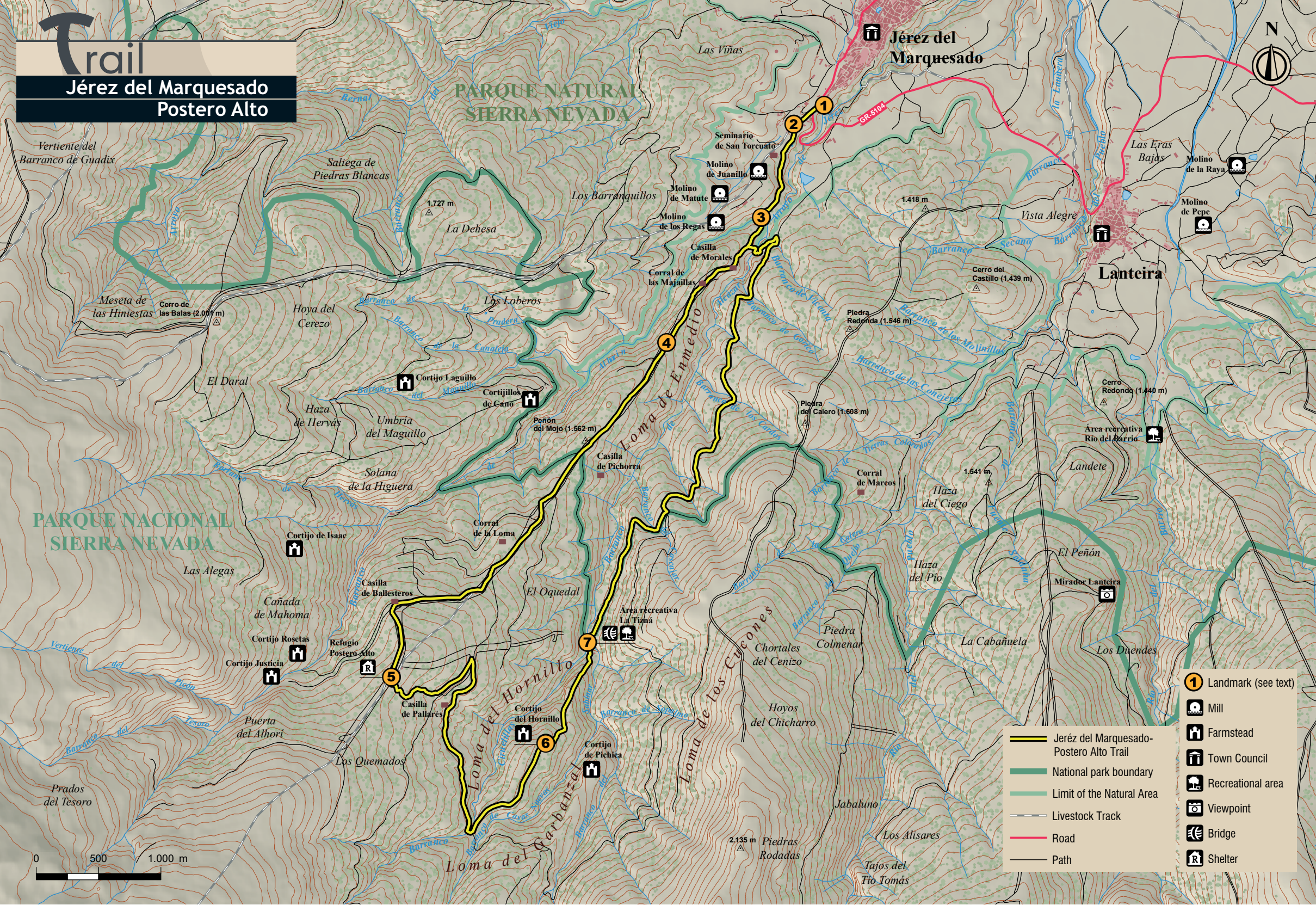
The proposed itinerary is a circular route that begins in Jérez del Marquesado, ascends through the Loma de Enmedio until reaching the Postero Alto Shelter, located at an altitude of 1,870 metres, and returns to the town through the recreational area La Tizná.

A route full of attractions, both natural and associated with the history of the region, to form landscapes of remarkable beauty that are offered to us in the numerous panoramic views that are enjoyed along the way.



Trail

Jérez del Marquesado Postero Alto



Vertiente del
Barranco de Guadix

Saliega de
Piedras Blancas

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Jérez del
Marquesado

Lanteira

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SIERRA NEVADA

1 Landmark (see text)

- Mill
- Farmstead
- Town Council
- Recreational area
- Viewpoint
- Bridge
- Shelter

- Jérez del Marquesado-
Postero Alto Trail
- National park boundary
- Limit of the Natural Area
- Livestock Track
- Road
- Path

0 500 1.000 m