

## GOOD PRACTICE



- Please leave rubbish in the bins provided
- Walk on the marked paths
- Please respect private property



- The capture of animals is not permitted
- Starting fires is strictly forbidden
- Fishing is prohibited
- Plant collecting is not allowed

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Emergency phone: 112



JAÉN  
PARQUE NATURAL  
Sierras de Cazorla,  
Segura y Las Villas

## MORE INFORMATION

Torre del Vinagre Visitor's Centre.  
Ctra. A-319 Cazorla - El Tranco km 45. Santiago Pontones. Jaén.  
Tel. 953 71 30 40  
ventanadelvisitante.



UNIÓN EUROPEA  
Fondo Europeo Agrícola de Desarrollo Rural



Junta de Andalucía  
Consejería de Agricultura, Ganadería,  
Pesca y Desarrollo Sostenible

PARQUE NATURAL  
Sierras de Cazorla,  
Segura y Las Villas

Trail

Acebeas  
Navalperal

## OTHER CATEGORIES OF PROTECTION



### • ROUTE

Linear

### • LENGTH (OUTWARD)

3,0 km

### • ESTIMATED TIME (OUTWARD)

2 hours

### • DIFFICULTY

Medium

### • TYPE OF TRAIL

Mountain path, lane and track

### • LANDSCAPE / VEGETATION

Rain forest and pine forest. High mountain vegetation. Wooded valleys. Limestone uplands. Farmsteads. Forestry shed.

### • SHADE

Frequent

### • SPECIAL AUTHORISATION

Not required

### • RECOMMENDATIONS

Carry drinking water and wear suitable clothing and footwear.

### • PROVINCE / MUNICIPALITIES

Jaén / Siles

### • SHEETS OF MTN MAP 1:50.000

887 - Orcera

### • START / END COORDINATES

38° 19' 9,38"N — 2° 34' 32,76"W

38° 18' 58,67"N — 2° 35' 7,01"W



## HOW TO GET THERE

We will start our route on the JF-7012 road, which goes from Siles to the River Madera, specifically, at the beginning of the access road to the Las Acebeas forest house, 14 km away from Siles. A forest track starts on the right, being the beginning of our route.



## PARKING

There is car park at the start of the trail and there are also places nearby to leave your vehicle.



## PUBLIC TRANSPORT

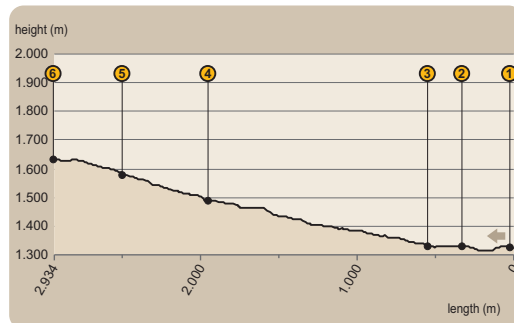
The principal companies running regular bus routes in the area are Alsina Graells (tel. 953 75 21 57), and Autocares Carcesa (tel. 953 72 11 42).



## OTHER TRAILS

The natural park offers other routes for hikers. Nearby trails include the Peña del Olivar and Junta de los Arroyos trails

## PROFILE OF ROUTE



### • MAXIMUM GRADIENT

326 m

### • MAXIMUM HEIGHT

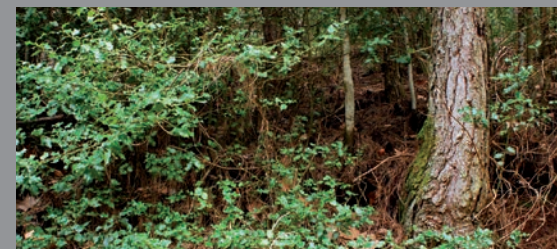
1.639 m

### • MINIMUM HEIGHT

1.313 m

## HOLLY

Its scientific name is *Ilex aquifolium*, being an evergreen shrub up to ten metres high. The bark is greyish and smooth, the leaves are oval with a wavy margin and spiny, shiny, bright green teeth; the fruit is spherical, seven to ten millimetres in size, bright red in colour. It flowers in spring and the fruits ripen in autumn, remaining on the tree until the following spring, which makes this shrub even more beautiful. Regardless of the mineralogical nature of the soil, it is located between sea level and 1,800 metres above sea level.



## HAZELNUT

Hazelnut trees, *Corylus avellana*, are shrubs up to eight metres high, with greyish-brown, smooth bark. The leaves are alternate and rounded, with a double serrated margin. The fruit, the hazelnut, is surrounded by a small sheath and ripens from August to October, as the flowering period is from January to March. The hazel is indifferent to the mineralogical nature of the soil and lives in shady and cool places, from sea level to 1,600 metres above sea level.



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## The shady woodland

The path starts kilometre 26 of the JF-7012 road, which goes up from Siles and goes along the Cumbres, leaving the car at a widening of the road without obstructing the entrance to the forest track that we are going to take.

The place will attract our attention with its shade and coolness, as soon as we pass the barrier where the signpost is (check [1] on the map) and start the track, which gently slopes down into the botanical richness that involves our walk.



The abundant rainfall allows for plant species rare in these latitudes, such as holly and hazel trees that overturn on the path. There are also shady plane trees, planted to decorate this place, accompanied by poplars, ferns, laurustinus... Ivy, primroses and flax-leaved daphnes occupy the areas closest to the ground. We will listen to the babbling of the brooks that water the roots of these species.

Continuing along the track, after about four hundred metres, we will find, after a bend, an old forestry house [2] that is in ruins.



## Acebeas forest house

Almost two hundred metres further on we reach the Acebeas farmhouse [3], which serves as a forestry house. Here the road turns left and starts to zigzag; the track continues to gain altitude with a moderate gradient.



We can still observe the constant presence of holly trees, with specimens of varying size and physiognomy, which are mixed with holm oaks and bristlecone pines, which are the predominant species. Higher up, it is the gall oaks that cover the wettest areas.

We continue our ascent for a couple of kilometres. In the middle of the ascent [4] this thick vegetation disappears, giving way to a more open landscape. We will find the roofs of the forest house we go by, and splendid views of other mountains such as Mentiras, Espino or Calar del Mundo.

We continue walking and enjoying the panoramic view. In the final stretches, the most outstanding species are the bristlecone pines, with interesting specimens that have withstood the cold and snowfalls of these peaks, taking curious shapes.

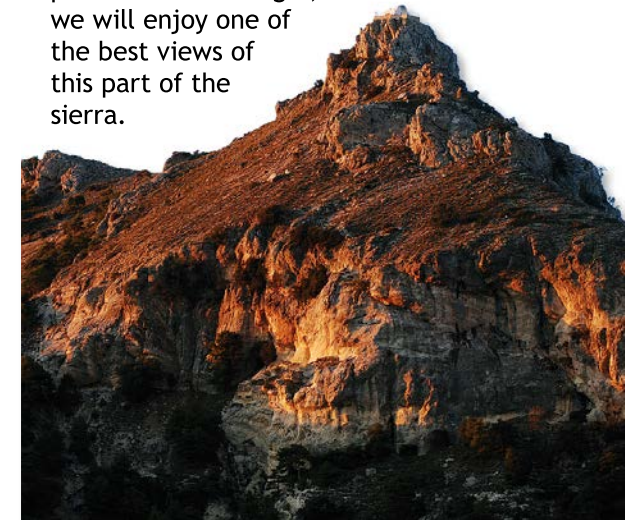
## Views from the summit

We then leave the track to take a narrow path [5] which, in the opposite direction and on the left-hand side, continues to gain height. If we continue along the track we could reach the Pico de Navalperal (1,618 m).

We are walking in an area of meadows, close to the divide, where we can see the landscapes of the other side.



Finally, four hundred metres further on, we reach the Pico de Acebedas (1,639 m) [6], at the top of which there is a fire lookout post. From this height, we will enjoy one of the best views of this part of the sierra.







# Trail

## Acebeas Navalperal

