

## GOOD PRACTICE



- Please leave rubbish in the bins provided
- Walk on the marked paths
- Please respect private property



- The capture of animals is not permitted
- Starting fires is strictly forbidden
- Fishing is prohibited
- Plant collecting is not allowed

Emergency phone: 112



JAÉN  
PARQUE NATURAL  
Sierras de Cazorla,  
Segura y Las Villas

## MORE INFORMATION

Torre del Vinagre Visitor's Centre.  
Ctra. A-319 Cazorla - El Tranco km 45. Santiago Pontones. Jaén.  
Tel. 953 71 30 40  
ventanadelvisitante.



UNIÓN EUROPEA  
Fondo Europeo Agrícola de Desarrollo Rural



Junta de Andalucía  
Consejería de Agricultura, Ganadería,  
Pesca y Desarrollo Sostenible

PARQUE NATURAL  
Sierras de Cazorla,  
Segura y Las Villas

JAÉN  
Trail

Fuente del Oso  
Puente de las Herrerías



## OTHER CATEGORIES OF PROTECTION



### • ROUTE

Linear

### • LENGTH (OUTWARD)

1,3 km

### • ESTIMATED TIME (OUTWARD)

35 minutes

### • DIFFICULTY

Low

### • TYPE OF TRAIL

Path

### • LANDSCAPE / VEGETATION

Pine and riverside forest. Limestone formations

### • SHADE

Plentiful

### • SPECIAL AUTHORISATION

Not required

### • RECOMMENDATIONS

Carry drinking water and wear suitable clothing and footwear.

### • PROVINCE / MUNICIPALITIES

Jaén / Cazorla

### • SHEETS OF MTN MAP 1:50.000

928 - Cazorla

### • START / END COORDINATES

37° 54' 32,56"N – 2° 56' 33,41"O

37° 54' 3,87"N – 2° 56' 20"O



## HOW TO GET THERE

From Cazorla take the A-319 northwest towards the Tranco de Beas reservoir. After about 17 km and having passed the Las Palomas pass, we descend to a junction called Empalme del Valle. From this point turn off onto the JF-7091 towards Vadillo de Castril. After about 3 km we turn right onto the JF-7094. After about 2 km along this track we reach the start of the path.



## PARKING

There is a car park with some 30 places at the end of the trail. At the beginning of the trail there are also several parking areas.



## PUBLIC TRANSPORT

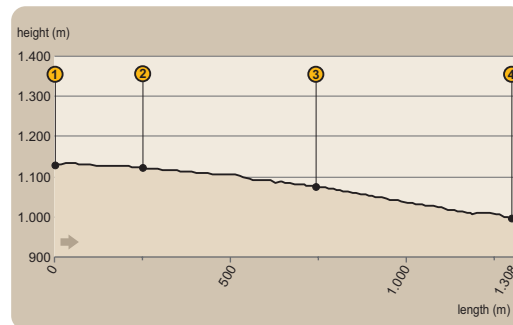
The principal companies running regular bus routes in the area are Alsina Graells (tel. 953 75 21 57), and Autocares Carcesa (tel. 953 72 11 42)



## OTHER TRAILS

The trail starts at the end of the Empalme del Valle trail. There are also other trails such as the Power Station and the Cerrada del Utrero trails.

## PROFILE OF ROUTE



### • MAXIMUM GRADIENT

136 m

### • MAXIMUM HEIGHT

1.133 m

### • MINIMUM HEIGHT

997 m

## OBTAINING THE RESIN

Let's take a look at the huge resin pine (*Pinus pinaster*) at the beginning, next to the road. You will see that its reddish bark has two grooves running parallel from the ground up to about two and a half metres. This is a method used to extract the resin or honey from the tree by making successive cuts with a very specific tool.



In this way, in the hottest months, the resin was drained through the channels until it was collected in earthenware containers. It was then transferred to other larger containers to be taken to the factory, where it was transformed, by means of steam and stills, into turpentine, then into turpentine and rosin or Greek fish, and finally, from the latter, glues and varnishes were obtained.





## Fuente del Oso Puente de las Herrerías

### Fuente del Oso

We will start our route on the JF7094 road that connects the nearby town of Vadillo-Castril with the Parador Nacional El Adelantado, at the Fuente del Oso (check [1] on the map). The Empalme del Valle trail also reaches this point.

At the beginning of the trail we can find an enormous resin pine tree, on which we can observe marks left for its use.

Continue along the path to the left of the forest house fence. After about 200 metres, the path turns to the left, and we carefully follow a wire fence so as not to get confused with other paths.



Further down we can better see the Fuente del Oso [2] forest house and the land of old crops, as we should not forget that not so long ago the park rangers used to live in these houses. We continue downhill among pines, junipers, holm oaks and, further on, in an enclosed area, some Granatense maple trees. Then the path reaches a clearer area, which is nothing more than a firebreak.



### The Mesa showers

From here we have an unbeatable view of the Mesa [3], the opposite walls of which are called Los Poyos de la Mesa. The name “mesa” (table) makes sense, as it is a large upper plain surrounded by rocky cliffs on three sides.



On the north-facing side, there is a spot known as the Mesa showers. The rock oozes water and falls to the ground, wetting the area.

On the left, we will find a limestone rock formation called Peña Gallinera, located above the Linarejos recreational area, emerging among pine trees.

And if we look to the south, we can find the Peñón de los Halcones, which rises defiantly above the ravine formed by the Habares stream.



### A bridge with a legend

We continue descending through this sandy area, where the path crosses chutes of old wood extractions. After a few bends, the murmur of the Guadalquivir and the freshness in the air announce the end of the route. On a steeper descent we reach a small fountain, next to a stream. After crossing over a small bridge and, after passing some old barbecues, we will come to the car park, where there are some information signs.



We walk to the left over the charming Puente de las Herrerías [4], a simple construction with a semicircular arch and made of tuff stone, which allows us to find the young River Guadalquivir.

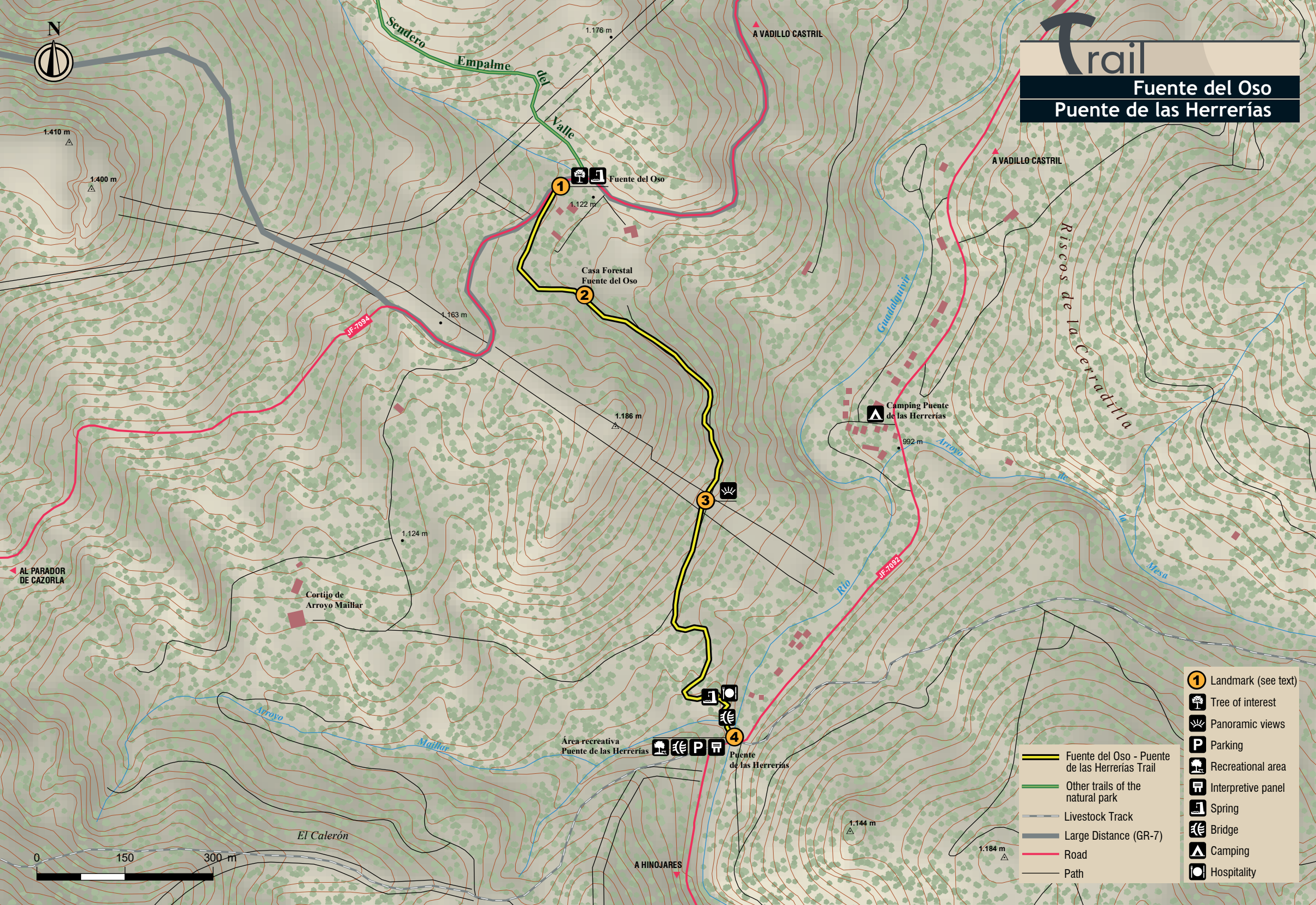






# Trail

## Fuente del Oso Puente de las Herrerías



1.410 m

1.400 m

1.176 m

1.122 m

1.163 m

1.186 m

1.124 m

992 m

1.144 m

1.184 m

0

150

300 m

Área recreativa  
Puente de las Herrerías

Puente  
de las Herrerías

A HINOJARES

A VADILLO CASTRIL

A VADILLO CASTRIL

AL PARADOR  
DE CAZORLA

Cortijo de  
Arroyo Maillar

El Calerón

Sendero  
Empalme  
del  
Valle

Guadalupe

Arroyo

Riscos de la Cerradilla

Mesa

- 1 Landmark (see text)
- Tree of interest
- Panoramic views
- P Parking
- Recreational area
- Interpretive panel
- Spring
- Bridge
- Camping
- Hospitality

- Fuente del Oso - Puente de las Herrerías Trail
- Other trails of the natural park
- Livestock Track
- Large Distance (GR-7)
- Road
- Path